



## Ni'Hodisxqs The Fourth World – The Glittering World

### Locust - Wíneeshch'jidií or Dinééh Diyini (Navajo God)

It was the first being to come into the Fourth World. He saw water everywhere and many monsters. The monsters approached him and told him he and the emergent people were not welcomed until locust could pass a test.

Locust decided to take the test, the first test was to sit in place for four days. As he sat there, he came out of his shell skin and made it look as if he were sitting in the same place. He then went back to the fourth world and told the emergent beings what it was like in the fourth world. On the fourth day he returned and passed the test.

Next the monster drew an arrow through his body, putting it in his mouth and out the other end. He challenged locust to do the same. Locust equally drew the arrow from his mouth and out the other end, the monster saw blood on the arrow then finally agreed that he was worthy of living in the fourth world. Locust arrow was made from **Azee'lichí'i** Red Medicine. After this the monster agreed for the rest of the beings in the lower world to come and live in the fourth world.

Because locust cheated with his tests, this is how deception was introduced into the fourth world. As the beings emerged, they noticed water everywhere, the reflection from the water seemed to make the world glitter.

As the beings emerged the people asked **Nilch'i Biyazhi** Gentle Wind to dry the land. Gentle wind blew from the four directions, but the land did not dry up. They then asked **Nilch'i Tsoh** Strong Wind, to blow from the four directions and dried parts of the land.

### Water Everywhere

As the beings began to settle in, they began to discuss many different topics from the creation of homes, organizing seasons, and starting a new life. Mother Earth was known as the mother of all creations. All the earth surface creatures came to the earth surface within Mother Earth as if coming through her in birth. She nurtures the development of all living things from the beginning of time. Human beings dress materialistically and psychologically, she materializes within human intelligence, habits, sensations, and through living and breathing.

**Sa'ah Naaghái Bik'eh Hózhóó**, the living world should treat her with honor, respect, perseverance for life to replenish itself and continue.

The upper creation, the sky, nurtures earth with elements that sustain life, light, air, and water, the Navajos call this **Shitaa'Yádlhil** Father Sky. A Father materializes within the human intelligence through understanding of the spiritual and natural laws. Humans attitude and behavior are related to the communications patterns of the environment and the spiritual world.

Humans reflect the earth in the feet and legs that are planted firmly on the surface **Nimá Nahasdzáán** Mother Earth.

**Yáh'ahní'neeyání**, the head is one and the same with the upper creation. Knowledge is one and the same with the stars, everything that grows moves upwards, this was the image created by the Holy Ones.

First Hogan

**Haashch'éelti'í** Talking God and **Haashch'é'éwaan** Harvest God came to help the beings make the first hogan. The male hogan **Alch'í'adeez'á** Male Hogan was made. The Gods made the poles out of white shell, turquoise, abalone, and jet. W East, T South, A West, J North.

**Hayoolkáál** Dawn, **Nihodeetliizh** Blue Sky, **Nihootsoi** Twilight, **Chahalhxeel** Darkness was used to hold together the poles and walls together for the new Hooghan. The doorway was made to the east to welcome life, prayers, songs and blessings. The hogan was blessed with white corn meal, yellow corn meal and pollen. One of the beings from the third world brought flint, with the flint they made the first fire and placed it in the middle of the house because it is the heartbeat of the home.

The male hogan is considered sacred, only to be used for ceremonies. The next hogan made was the female hogan **Hooghan Nimazí** Female Hogan to the south of the male hogan was made from white shell and the doorway facing east. They blessed the female hogan, in this hogan activities were allowed. Children could play, food could be made, families could talk and entertain themselves.

### Medicine and Poison

After the hogan was created, first man noticed he left medicine behind in the third world that was very important. The medicine was to be used to create different things such as the stars and mountains.

Because all the beings were land dwellers First Man remembered **T'átl'ááh Ha'alééh** King Fisher who was accustomed to under water travel for short periods of time. He decided to help First Man to go back to the third world to retrieve the medicine. He dove into the water and went into the house in the third world; the medicine lies in the western side. He came back up with the medicine in his mouth and gave it to First Man.

All the beings were curious about the medicine, and they asked First Man what it was called he said **Ant'ííh** Poison. The beings knew it was powerful, so they asked for some, First Man agreed and gave small amounts to everyone. **T'iish** Snake wanted some but first man didn't know where to put it because he had no arms or legs, so he asked him to put it in his mouth. Other animals became poisonous because of **Ant'ííh** the black widows, scorpions, shrews, poison ivy and other beings and insects.

### Planning and Death

When the first hogan was finished, everyone rested. First man and Women started to plan how things would appear in the fourth world. They discussed the marking of a sun to be day and a moon to be nighttime. While they were planning some people died outside the hogan, they decided to ask coyote to take care of it so he went to **Tódiłhił** Black Water Lake and threw a Black Rock **Tádzoote'** in the water. If it sank their wouldbe death, if it came back up there would be no death. The rock sank that is why the spirit returns to the world below.

Four days after the beings died, two men looked down a hole they saw a women sitting in the hole brushing her hair. The soman said to them "When a person dies this is where they will end up." The holy people, First Man and First Women discussed the death of the woman. They all agreed that humans could not live forever and there should be death for all other things like animals, plants, etc. From that point on death became part of every living thing in life.

### Sacred Mountains

The people gathered different medicines, herbs, beautiful objects to enhance the appearance of each mountain. They traveled by rainbow to set each mountain firmly in position.

**EAST:** The east mountain was made from a blanket placed on the ground and white shell was placed on top, they put soil that was brought from the First World and bolted it down with white lightning. **Yoolgai Ashkii** White shell boy or Dawn Boy was asked to live in this Mountain. They covered it with Black Clouds and Male Rain. Bear was sent to protect White Shell Boy.

**SOUTH:** On this mountain they placed a blanket down and put turquoise on it with soil from the First World. They asked **Dootl'ishii At'ééd** Turquoise Girl to live in this mountain, it was fastened down with Stone Knives. The mountain was decorated with dark mists and female rain. **T'iishtsoh** Bull Snake was to guard Turquoise Girl.

**WEST:** The south mountain placed a blanket on the ground the put abalone shell and soil from the first world. They mountain was anchored down with sunbeams, and the mountain was covered with yellow and black clouds with male rain. They asked **Diichilí Ashkii** Abalone Shell Boy to live here. **Nilch'í Dilhxil** The Black Wind was told to guard Abalone Boy.

**NORTH:** The North Mountain a blanket was placed down and on it placed obsidian or black jet, with soil from the first world. They asked **Bááshzhinii At'eed** Jet Girl to live in this mountain. The mountain was fastened down with a rainbow, it was covered with a blanket of darkness and decorated with dark mist and female rain. **Atsinítł'ish** Lightening was sent to guard Jet Girl.

### Sun, Moon, and Stars

The beings wanted organization between night and day. Fire God or Black God came to help them. They laid stars on a blanket on the ground. Black God placed the **Náhookqs Bikó** North Star, First Man placed **Náhookqs Bi'áadi** Little Dipper and **Náhookqs Bika'i** Big Dipper into the sky. Black God also placed the seven sisters in the sky that represent parts of his body. First man and Women instructed the stars to guard the sky and man.

Coyote came along picked up a star and put it in the south and said it was his, **Sq'tsoh** Morning Star. He took the corner of the blanket and flipped the remaining stars into the sky.

First Man and Women wanted to make strong daylight, they spread six unwounded buckskins on the ground and placed a large perfect round turquoise disk. They marked the disk with a mouth, nose and eyes and covered it with a yellow streak below the mouth and across the face. This became **Jóhonaa'ei** The Sun. The same steps were repeated for **Ti'éhonaa'éi** The Moon but a white shell disk was used.

The beings discussed that the Sun and Moon should pass from the east to west to revolve around the White World. A young man formed from the fire was asked to carry the sun. A young man formed from the darkness was selected to carry the moon. The carriers declared that every day as they went on their journey from east to west, someone would die, this would be the price for carrying the Sun and Moon.

After First Man and First Women finished planting the Sun, Moon and Stars, they wanted to divide the year into various seasons. They said that planting and harvesting should be done. They thought about growing things and when animals should plant and harvest.

It was decided that the season should start with Spring, when seeds would be cultivated to grow. Summer would be when the seeds grew. Autumn would be when the plants matured and could be harvested. Winter was when almost nothing grew.

Lightening People were asked to come during the spring and summer. They were to announce the coming of spring so people would stop telling winter stories and during this time it was also decided that certain ceremonies were to be designated to certain seasons.

**Gháági'** October Separation of the Seasons

**Nilch'its'ósi** November Small Wind

**Nilch'itsoh** December Big Wind

**Yaznilt'ees** January The Thawing of Snow

**Atsábiyáázh** February Birth of Eagles

**Wóózhch'íí** March First Cry of Eagles

**T'ááchil** April Growth of Early Plant Life

**T'áátsoh** May Big Leaves

**Ya'iishjááshchilí** June Planting of Early Crops

**Ya'isshjáátsoh** July Planting of Late Crops

**Bini'ant'áátsózi** August Ripening of Early Crops

**Bin'ant'áátsoh** September Ripening of Late Crops

### Shoe Game

There is a place called **Hadahoniye'bee Hooghan** [The House made of Banded Rock]. They were visited by **Yé'iitsoh Lá Naagháii** One Walking Giant he said, "My grandchildren, let us play the moccasin game." They decided to play at a place called **Tsélchíyí** Red Rock the holy people would be there. When the Giant arrived, he had a **Tólásht'oshí** Little Ball hidden in his hand, there shone a faint ray of light almost like an invisible rainbow. He had áóą sticks of yucca that came from the sun's áóą trails. The yucca counters are known as **K'et'ááz**. The ball is made from the inside of a yucca plant.

The Giant explained the game to the holy people and said "This will not be a free game. All those who travel by day will play against those that travel by night whoever wins there will always be daytime or nighttime." A cornhusk was thrown in the air, as it fell the white side was turned upward so the day people went first. The day people were winning, then a nightbird came along and won the

ball back, then threw it to Owl. Owl decided not to hide the ball but kept it in his hand. They kept missing the ball, it was not in any of the moccasins, so they sent gopher under the ground to tunnel, up inside each moccasin he discovered that the ball was in none of the moccasins but hidden in Owl hand.

The day bird went back over; he was going to hit the moccasins but hit Owl hand instead and the ball rolled out. Neither side could win the game, and they knew they needed to finish before daylight. The animals saw the approach of dawn, they had to hurry up to their homes, so they dressed up putting their clothes backwards, put ash on themselves and ran home. Because neither side won, we have both nights and day.

First Man and First Women lived near **Dzil Ná'oodilii** Huerfano Mountain. Beings were to appear like people we know as humans, they came from the worlds below, they were like spirits; they were the holy people.

## Monsters

There were monsters who killed people and caused great concern, they were the result of the actions of the women in the lower world during the separation of men and women. The people were afraid of the monsters.

**Yé'itsoh** Big Monster, **Déélgéed** Horned Monster, **Tsé Nináhálee** Bird Monster, **Tsé Dah Hódziil tálii** Monster that kicked people off the cliff, **Biináá'yee'agháanii** Monster that killed with his eyes, **Tsé'Ahéénídiilii** Crushing Rock, **Séit'áád** Moving Sand, **Jadí Naadkits'áadah Nájiniléii** Twelve Antelopes, **Shash Na'alkaahii** Tracking Bear.

While the killing of the people continued, First Man and First Women had been told that when the people multiplied, changing women would be born.

## Changing Woman

The Holy People knew a baby girl would be created, they saw a dark cloud over Ch'ool'í'Governador Knob. They heard the baby crying, they realized they heard the crying coming from within the cloud that covered the top of Ch'ool'í'í. First Man searched and found the baby girl, she was born of the darkness, and the dawn was her father.

First Man and First women raised her under the direction of the Holy People, they fed her sunray pollen, pollen from the clouds, pollen from the plants and the dew of the flowers. The baby became Asdzáá Nádleehé Changing Woman. When she became of age and reached puberty a ceremony was held over her called a Kinááldah Walked into Beauty. First Women gave instructions to Changing Woman on what she must do during the ceremony. She had to run four times in the direction of the rising sun and turn clockwise.

First Women sat her down on an unwounded buckskin, then placed turquoise, abalone, obsidian and white bead on it. She put white bead moccasins on her feet, gave her leggings and a skirt of white beads. She designed her sleeve fringes with white beads and made her wristlets of white beads, and decorated her neck with white beads, turquoise, abalone shell and obsidian beads. First Women moved her hand over the length of Changing Woman's head, this way everything was to grow in the future. Last she placed a white bead head plume in the girl's hair.

Four calls were made Bluebird East, Small Dirk Birds South, Wild Canary West, Corn Beetles North. The calls announced the coming of the Holy People for the fourth night of the ceremony. A large cake was baked for the Sun, and this was given to him the next morning. Talking God sang 12 Hogan Songs he placed a rainbow from the South to the North inside the hogan.

Changing Women felt lonely so she went to a small waterfall, she lay down as she woke, she saw tracks had left, they had slipped away after sleeping beside her. In time she became pregnant with twin boys.

## Twins

As the boys grew up their mother adored them and gave them much love. When they were small, they had their first bows and arrows, they would hunt rabbits, squirrels, etc. They exercised daily wrestling and running. They raced to the east and to the top of the mountain every morning. When it snowed, they rolled in the snow, stripped of their clothing, in time they became very strong.

They began to ask their mother who their father was she would not say anything. The twins had to be careful because the monsters might catch them. One day the twins were out they discovered a hole in the ground with smoke drifting, a voice said come in they went in and met **Na'ashjé'ii Asdzáá** Spider Woman. As she sat with them, spider women began to tell them their father was **Jóhónaa'éi** The Sun, she said she would help the twins to see their father so they could get his help to kill **Naayéé'** The Monsters.